















Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>1. NO TRANSPORTATION 10:00– Morning Documentary (TV) 1:00– Open Bridge (AR) 1:30– LCR Dice Game (115) 3:00– Bible study (AR) 7:15– Movie (TV)</p>	<p>2. OUTING DAY (SIGN UP) 10:30– Chair Dancing (AR) 10:30– Maple Theatre– Victoria and Abdul 1:00– Word Games (AR)  1:30– Travelogue (TV) 2:30– Knitting/Crochet Group (115) 3:00– Catch Phrase (AR) 8:00– Cultural Evening (TV)</p>	<p>3. DOCTOR DAY (SIGN UP) 10:45– Yoga with Anna (AR) 11:00– Rifcah Jewelry Vendor —(AR) 1:00– Men’s Poker (117) 12:00– Popcorn (AR) 1:00– Shmooze with Rabbi Pollter (115) 2:30– Blood Pressure Check (TR) 3:00– Trivia Time (AR) 7:00 – Movie (TV) 7:30– Bingo (AR)</p>	<p>4. 5– MILE ERRAND DAY (SIGN UP) 10:00– Trip to Banks 10:30– Morning Workout (AR) 10:30– Jewelry Class with Rifcah (115) 11:00– Franklin Watch Repair (AR) 12:00– Trip to Meijer 12:00– Cong. Shaarey Zedek– Concert and Succah Visit 2:30– Food Committee & Culinary Chat Meeting (115) 3:00– Horse Racing (AR)  7:15– Current Events (AR)</p>	<p>5. DOCTOR DAY (SIGN UP)  10:30– Morning Workout (AR) 12:30– Creative Coloring (AR) 12:30– Detroit Institute of Arts Highlights Tour (FREE) 1:00– Program Meeting with Haylee & Kiara (115) 2:00– Greater Faith (AR)  3:00– Bean Bag Toss (AR) 7:15– Mike Pryzblski Music (AT)</p>	<p>6. BEAUTY SHOP DAY (SIGN UP) 10:30– Morning Workout (AR) 12:00– Trip to Kroger 1:00– Men’s Poker (117) 2:00– Word Games (AR) 3:00– Horse Racing (AR) 7:00– Multiple Solitaire (115) 7:15– Movie (TV)</p>	<p>7. SHOPPING DAY (SIGN UP) 9:00– Tai Chi (AR) 9:00– Synagogue 10:00 –Southfield Library 11:00– Popcorn (AR) 12:30– Kohl’s, Whole Foods, Walgreens 1:00– Debs Mobile Store (AR) 2:30– BINGO (115) (ROOM CHANGE) 7:15– Movie (AR)</p>
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<p>8. NO TRANSPORTATION 10:00– Morning Documentary (TV) 1:00– Creative Coloring (AR) 1:30– LCR Dice Game (115) 3:00– Bible Study (AR)  7:00– Movie (TV) 7:15– Music with Duane Parham (AT)</p>	<p>9. OUTING DAY (SIGN UP) 10:00– Flu Shots (115) 10:30– Chair Dancing (AR) 11:00– Lunch at the Breakfast Club 1:00– Word Games (AR)  1:30– Travelogue (TV) 2:30– Knitting/Crochet Group (115) 8:00– Cultural Evening (TV)</p>	<p>10.. DOCTOR DAY (SIGN UP) 10:30– Morning Workout (AR) 11:30– Transfiguration Service 11:30– Franklin Cider Mill (FREE) 12:00– Popcorn (AR) 1:00– Men’s Poker (117) 2:30– Blood Pressure Check (TR) 3:00– Public Policy with Beverly (AR) 7:00 – Movie (TV) 7:30– Bingo (AR) </p>	<p>11. 5– MILE ERRAND DAY (SIGN UP) 10:00– Trip to Banks 10:30– Resident Council Mtg (AR) 12:00– Trip to Meijer 1:00– Free Prize Bingo (AR)  2:30– Culinary Chat (115) 3:00– Horse Racing (AR) 7:15– Current Events (AR)</p>	<p>12. DOCTOR DAY (SIGN UP) 10:30– Morning Workout (AR) 12:00– Bean Bag Toss (AR) 1:00– Book Club (AR) 2:00– Open Forum (115) 3:00– Charades (AR) 7:15– Movie (TV)</p>	<p>13. BEAUTY SHOP DAY (SIGN UP) 10:30– Morning Workout (AR) 12:00– Trip to Kroger 1:00– Food Project (AR) 1:00– Men’s Poker (117) 2:00– Word Games (AR) 3:00– Horse Racing (AR) 7:00– Multiple Solitaire (115) 7:15– Movie (TV)</p>	<p>14. SHOPPING DAY (SIGN UP) 9:00– Tai Chi (AR) 9:00– Synagogue 10:00 –Southfield Library 11:00–Popcorn (AR) 12:30– Walmart Shopping 1:00– Hoop Shoot and Bean Bag Toss (AR) 2:30– Bingo (AR) 7:15– Movie (TV)</p>
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<p>15. NO TRANSPORTATION 10:00– Morning Documentary (TV) 1:00– Creative Coloring (AR) 1:30– LCR Dice Game (115) 3:00– Bible Study (AR) 7:15– Rifcah Canvas Class (AR)</p>	<p>16. OUTING DAY (SIGN UP) 10:00– Greektown Casino 10:30– Chair Dancing (AR) 11:00– Noah’s Marketplace 1:00– Word Games (AR) 1:30– Travelogue (TV) 2:30– Knitting/Crochet Group (115) 8:00– Cultural Evening (TV) </p>	<p>17. DOCTOR DAY (SIGN UP) 10:45– Yoga with Anna (AR) 12:00– Popcorn (AR) 1:00– Puzzles and Games (115) 1:00– Men’s Poker (117) 2:30– Blood Pressure Check (TR) 3:00– Literary Society (AR) 7:00 – Movie (TV) 7:30– Bingo (AR)</p>	<p>18. 5– MILE ERRAND DAY (SIGN UP) 10:00– Trip to Banks 10:30– Morning Workout (AR) 11:00– Franklin Watch Repair (AR) 12:00– Trip to Meijer 2:00– Pumpkin Painting (AR) 2:30– Culinary Chat (115) 7:15– Current Events (AR)</p>	<p>19. DOCTOR DAY (SIGN UP) 10:00– Catholic Rosary Group (117) 10:30– Morning Workout (AR) 11:15– Creative Coloring (AR)  1:00– Temple Israel Music Program 2:00– Greater Faith (AR) 3:00– Birthday Bash with Ivory Darnell (AT)  7:15– Movie (TV) </p>	<p>20. BEAUTY SHOP DAY (SIGN UP) 10:30– Morning Workout (AR) 11:00– Terror on Tillson and lunch at Flaming Grill Diner 1:00– Men’s Poker (117) 1:00– Vendor Janice—Gift Shop (AR) 2:00– Catch Phrase (115) 3:00– Horse Racing (AR)  7:00– Multiple Solitaire (115)</p>	<p>21. SHOPPING DAY (SIGN UP)  9:00– Tai Chi (AR) 9:00– Synagogue 10:00 –Southfield Library 11:00–Popcorn (AR) 12:30– Laurel Park Mall 1:00– Hoop Shoot and Bean Bag Toss (AR) 2:30– Bingo (AR) 7:15– Craig Marsden Music (AR)</p>
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<p>22. NO TRANSPORTATION 10:00– Morning Documentary (TV) 1:00– Creative Coloring (AR) 1:30– LCR Dice Game (115) 3:00– Bible study (AR) 7:15– Movie (TV)</p>	<p>23. OUTING DAY (SIGN UP) 10:30– Chair Dancing (AR) 11:00– Genettis Medieval Murder Mystey Lunch and Show 1:00– Word Games (AR)  1:30– Travelogue (TV) 2:30– Knitting/Crochet Group (115) 8:00– Cultural Evening (TV)</p>	<p>24. DOCTOR DAY (SIGN UP) 10:30– Morning Workout (AR) 12:00– Popcorn (AR) 1:00– Men’s Poker (117) 1:30– Food Demo with Sarah (DR) 2:30– Blood Pressure Check (TR) 3:00– Puzzles and Games (115) 7:00 – Movie (TV) 7:30– Bingo (AR)</p>	<p>25. 5– MILE ERRAND DAY (SIGN UP) 10:00– Trip to Banks 10:30– Morning Workout (AR) 12:00– Trip to Meijer 1:00– Internet Fraud and Financial Crime Presentation (AR) 2:30– Culinary Chat (115) 3:00– Horse Racing (AR) 7:15– Current Events (AR)</p>	<p>26. DOCTOR DAY (SIGN UP) 10:30– Morning Workout (AR) 11:15– Creative Coloring (AR)  12:30– Detroit Institute of Arts– Comedy Film– The Freshman (FREE) 1:00– Balloon Volleyball (AR) 2:00– Greater Faith (AR)  3:00– Allen’s All– Stars (AR) 7:15– Jim Perkins Music (AT)</p>	<p>27. BEAUTY SHOP DAY (SIGN UP) 10:30– Morning Workout (AR) 11:30– Transfiguration Service 12:00– Trip to Kroger 1:00– Men’s Poker (117) 2:00– Word Games (AR) 3:00– LIVE Comedy Hour (AR) 7:15– Movie (TV) </p>	<p>28. SHOPPING DAY (SIGN UP)  9:00– Tai Chi (AR) 9:00– Synagogue 10:00 –Southfield Library 11:00–Popcorn (AR) 12:30– TJ Maxx, 5 Below, Costco, Best Buy and Dollar Store 1:00– Hoop Shoot and Bean Bag Toss (AR) 2:30– Bingo (AR) 7:15– Music with Chuck Sharp (AT)</p>
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<p>29. NO TRANSPORTATION 10:00– Morning Documentary (TV) 1:00– Creative Coloring (AR) 1:30– LCR Dice Game (115) 3:00– Bible study (AR) 7:15– Movie (TV)</p>	<p>30. OUTING DAY (SIGN UP) 10:30– Chair Dancing (AR) 11:00– Lunch at Beverly Hills Grill 1:00– Word Games (AR) 1:30– Travelogue (TV)  2:30– Knitting/Crochet Group (115) 8:00– Cultural Evening (TV)</p>	<p>31. DOCTOR DAY (SIGN UP)  10:45– Yoga with Anna (AR) 12:00– Popcorn (AR) 1:00– Men’s Poker (117) 1:30– Town Hall (DR) 2:30– Blood Pressure Check (TR) 3:00– Bingo (AR) 7:15– Halloween Party with Chosen Rhythms Music (AT)</p>	<p>The Park at Trowbridge</p> <h1>October</h1> <p>Outings, Entertainment, and Activities</p> 	<p>Special Outing  Music Entertainment  Birthday Bash </p>	<p>AR= Activity Room DR=Dining Room AT=Atrium TV= TV Room TR= Therapy Room</p>
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