

The Park at Trowbridge

November

Outings, Entertainment, and Activities



<p>1. 5- MILE ERRAND DAY 10:00- Trip to Banks 10:30- Morning Workout (AR) 11:00- Franklin Watch Repair (AR) 12:00- Trip to Meijer 2:30- Food Committee & Culinary Chat Meeting (115) 3:00- Horse Racing (AR) 7:15- Current Events (AR)</p>	<p>2. DOCTOR DAY (SIGN UP) 10:30- Morning Workout (AR) 10:45- Corktown and Mexicantown Tour 12:30- Creative Coloring (AR) 1:00- Memory Match (AR) 2:00- Greater Faith (AR) 3:00- Bean Bag Toss (AR) 7:15- Music with Billy McAllister (AR)</p>	<p>3. BEAUTY SHOP DAY (SIGN UP) 10:30- Morning Workout (AR) 12:00- Trip to Kroger 1:00- Men's Poker (117) 1:30-Catch Phrase (AR) 2:00-Word Games (AR) 3:00- Horse Racing (AR) 7:00- Multiple Solitaire (115) 7:15- Movie -Comedy (TV)</p>	<p>4. SHOPPING DAY (SIGN UP) 9:00- Tai Chi (AR) 9:00- Synagogue 10:00 -Southfield Library-Used Book Sale 11:00- Popcorn (AR) 12:30- Kohl's, Whole Foods, Walgreens 2:30- BINGO (AR) 7:15- Movie- Romance (TV) </p>
--	---	--	--

<p>5. NO TRANSPORTATION 10:00- Morning Documentary (TV) 11:00- Rifcah- Jewelry Vendor (AR) 1:00- Creative Coloring (AR) 1:30- LCR Dice Game (115) 3:00- Bible Study (AR) 7:15- Movie-Classic (TV)</p>	<p>6. OUTING DAY (SIGN UP) 10:30- Chair Dancing (AR) 11:30- Thank you for your Service- Emagine Theatre-Royal Oak 1:00- Word Games (AR) 1:30- Travelogue (TV) 2:30- Knitting/Crochet Group (115) 3:00- Catch Phrase (AR) 8:00- Cultural Evening (TV)</p>	<p>7. DOCTOR DAY (SIGN UP) 10:30- Morning Workout (AR) 12:00- Popcorn (AR) 1:00- Center Piece Tree Project (AR) 1:00- Men's Poker (117) 2:00- Rabbi Poltar (115) 2:30- Blood Pressure Check (TR) 3:00- Political Discussion (AR) 7:00 - Movie -Action (TV) 7:30- Bingo (AR)</p>	<p>8. 5- MILE ERRAND DAY (SIGN UP) 10:00- Trip to Banks 10:30- Resident Council Mtg (AR) 10:30- Jewelry Class with Rifcah (115) 11:00- Culinary Chat (115) 12:00- Trip to Meijer 12:00- Cong. Shaarey Zedek Concert 1:30- Free Prize Bingo (AR) 11:00- Culinary Chat (115) 3:00- Horse Racing (AR)</p>	<p>9. DOCTOR DAY (SIGN UP) 10:30- Morning Workout (AR) 12:00- Bean Bag Toss (AR) 12:30- Detroit Institute of Arts -Art Talk 1:00- Bean Bag Toss (AR) 2:00- Open Forum (115) 3:00- Charades (AR) 7:15- Entertainment with Richard Senemma (AR) </p>	<p>10. BEAUTY SHOP DAY (SIGN UP) 10:30- Morning Workout (AR) 10:00- Holiday Bazaar, flag pole visit, and Strawberry Fields Lunch 11:30- Transfiguration Service 12:00- Trip to Kroger 1:00- Men's Poker (117) 2:00-Word Games (AR) 3:00- Horse Racing (AR) 7:00- Multiple Solitaire (115) 7:15- Movie -Comedy (TV)</p>	<p>11. SHOPPING DAY (SIGN UP) 9:00- Tai Chi (AR) 9:00- Synagogue 10:00 -Southfield Library 11:00- Veteran's Day Get-Together (TV) 12:00-Popcorn (AR) 1:00- Hoop Shoot and Bean Bag Toss(AR) 2:30- Bingo (AR) 7:15- Charlie Gehringer Music (AR) Happy Veteran's Day</p>
---	---	--	--	--	--	---

<p>12. NO TRANSPORTATION 10:00- Morning Documentary (TV) 1:00- Creative Coloring (AR) 1:30- LCR Dice Game (115) 3:00- Bible Study (AR) 7:15- Rifcah Canvas Class (AR)</p>	<p>13. OUTING DAY (SIGN UP) 10:30- Chair Dancing (AR) 11:15- Tour of Little Caesars Arena 1:00- Word Games (AR) 1:30- Travelogue (TV) 2:30- Knitting/Crochet Group (115) 8:00- Cultural Evening (TV)</p>	<p>14. DOCTOR DAY (SIGN UP) 10:45- Yoga with Anna (AR) 12:00- Popcorn (AR) 1:00- Men's Poker (117) 1:00- Door hanger project (AR) 2:30- Blood Pressure Check (TR) 3:00- Public Policy with Beverly (AR) 7:00 - Movie-Action (TV) 7:30- Bingo (AR)</p>	<p>15. 5- MILE ERRAND DAY (SIGN UP) 10:00- Trip to Banks 10:30- Morning Workout (AR) 11:00- Culinary Chat (115) 11:00- Franklin Watch Repair (115) 12:00- Trip to Meijer 1:00- Internet Fraud and Financial Crime Presentation (AR) 3:00 Horse Racing (AR) 7:15- Current Events (AR)</p>	<p>16. DOCTOR DAY (SIGN UP) 10:00- Catholic Rosary Group (117) 10:30- Morning Workout (AR) 11:15- Creative Coloring (AR) 12:30- Detroit Institute of Arts - Art Class 1:00- Food Project-Apple Pies (AR) 2:00- Greater Faith (AR) 3:00- Bean Bag Toss (AR) 7:15- Movie-Comedy (TV)</p>	<p>17. BEAUTY SHOP DAY (SIGN UP) 10:30- Morning Workout (AR) 12:00- Trip to Kroger 1:00- Men's Poker (117) 11:00- Paradeland Tour and Lunch at Buddy's Pizza 2:00- Catch Phrase (115) 3:00- Horse Racing (AR) 7:00- Multiple Solitaire (115) 7:15- Movie -Comedy (TV)</p>	<p>18. SHOPPING DAY (SIGN UP) 9:00- Tai Chi (AR) 9:00- Synagogue 10:00 -Southfield Library 11:00-Popcorn (AR) 12:30- Twelve Oaks Mall 1:00- Hoop Shoot and Bean Bag Toss (AR) 2:30- Bingo (AR) 7:15- Craig Marsden Music (AR)</p>
---	---	--	--	---	---	--

<p>19. NO TRANSPORTATION 10:00- Morning Documentary (TV) 1:00- Puzzles and Games (AR) 1:30- LCR Dice Game (115) 3:00- Bible study (AR) 7:15- Movie-Classic (TV)</p>	<p>20. OUTING DAY (SIGN UP) 10:00- MGM Casino 10:30- Chair Dancing (AR) 11:00- Trip to Noah's Market 1:00- Word Games (AR) 1:30- Travelogue (TV) 2:30- Knitting/Crochet Group (115) 8:00- Cultural Evening (TV)</p>	<p>21. DOCTOR DAY (SIGN UP) 10:30- Morning Workout (AR) 12:00- Popcorn (AR) 1:00- Men's Poker (117) 1:30- Food Demo with Sarah (DR) 2:30- Blood Pressure Check (TR) 3:00- Literary Society (AR) 7:00 - Movie-Action (TV) 7:30- Bingo (AR)</p>	<p>22. 5- MILE ERRAND DAY (SIGN UP) 10:00- Trip to Banks 10:30- Morning Workout (AR) 11:00- Culinary Chat (115) 12:00- Trip to Meijer 1:00- Family Feud (AR) 3:00- Birthday Bash with Gary Pillow (AT) 7:15- Current Events (AR)</p>	<p>23. NO TRANSPORTATION 10:30- Morning Workout Video (AR) 11:15- Creative Coloring (AR) 2:00- Greater Faith (AR) 3:00- Allen's All- Stars (AR) 7:15- Movie-Country Western (TV) Happy Thanksgiving</p>	<p>24. BEAUTY SHOP DAY (SIGN UP) 10:30- Morning Workout (AR) 11:30- Transfiguration Service 12:00- Trip to Kroger 1:00- Men's Poker (117) 2:00-Word Games (AR) 3:00- LIVE Comedy Hour (AR) 7:00-Multiple Solitaire (115) 7:15- Movie -Comedy (TV)</p>	<p>25. SHOPPING DAY (SIGN UP) 9:00- Tai Chi (AR) 9:00- Synagogue 10:00 -Southfield Library 11:00-Popcorn (AR) 12:30- TJ Maxx, 5 Below, Costco, Best Buy and Dollar Store 1:00- Hoop Shoot and Bean Bag Toss (AR) 2:30- Bingo (AR) 7:15- Movie-Romance (TV)</p>
---	--	--	--	--	---	--

<p>26. NO TRANSPORTATION 10:00- Morning Documentary (TV) 1:00- Creative Coloring (AR) 1:30- LCR Dice Game (115) 3:00- Bible study (AR) 7:15- Entertainment with Gail Barker (AT)</p>	<p>27. OUTING DAY (SIGN UP) 10:30- Chair Dancing (AR) 11:00- Lunch at Ruby Tuesday's 1:00- Word Games (AR) 1:30- Travelogue (TV) 2:30- Knitting/Crochet Group (115) 8:00- Cultural Evening (TV)</p>	<p>28. DOCTOR DAY (SIGN UP) 10:45- Yoga with Anna (AR) 12:00- Popcorn (AR) 1:00- Men's Poker (117) 1:30- Town Hall (DR) 2:30- Blood Pressure Check (TR) 7:00 - Movie-Action (TV) 7:30- Bingo (AR)</p>	<p>29. 5- MILE ERRAND DAY (SIGN UP) 10:00- Trip to Banks 10:30- Morning Workout(AR) 11:00- Culinary Chat (115) 11:00- Franklin Watch Repair (AR) 12:00- Trip to Meijer 3:00- Horse Racing (AR) 7:15- Current Events (AR)</p>	<p>30. DOCTOR DAY (SIGN UP) 10:00- Catholic Rosary Group (117) 10:30- Morning Workout (AR) 11:15- Creative Coloring (AR) 1:00- Bean Bag Toss (AR) 2:00- Greater Faith (AR) 7:15- Joel Palmer Music (AR)</p>	<p>Special Outing Music Entertainment Birthday Bash </p>	<p>AR= Activity Room DR=Dining Room AT=Atrium TV= TV Room TR= Therapy Room</p>
---	--	--	--	--	--	---