

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Special Outing </p> <p>Musical Entertainment </p> <p>Birthday Bash </p>	<p>1. NO TRANSPORTATION 10:30– Chair Dancing (AR) 11:00– Rifcah- Jewelry Vendor (AR) 12:30– Puzzles and Games (AR) 1:30– Travelogue (TV) 2:30– Knitting/Crochet Group (115) 3:00– Catch Phrase (AR) 7:00– Scrabble (AR)</p> <p>HAPPY 2018!</p>	<p>2. DOCTOR DAY (SIGN UP) 10:30– Morning Workout (AR) 12:00– Popcorn (AR) 1:00– Winter Door Decorations (AR) 1:00– Men’s Poker (117) 3:00– Political Discussion (AR) 7:00 – Movie –Action (TV) 7:30– Bingo (AR)</p>	<p>3. 5– MILE ERRAND DAY (SIGN UP) 10:00– Trip to Banks 10:30– Morning Workout (AR) 11:00– Culinary Chat and Food Committee (115) 12:00– Trip to Meijer 1:30– Cultural Afternoon with Joe (TV) 3:00– Horse Racing (AR) 7:15– Current Events (AR)</p>	<p>4. DOCTOR DAY (SIGN UP)  10:30– Morning Workout (AR) 10:00– The Darkest Hour at The Maple 11:15- Creative Coloring (AR) 12:30– Puzzles and Games (AR) 2:00– Activities Calendar Meeting (115) 3:15– Bean Bag Toss- (AR) 7:15– Entertainment with Joel Palmer –guitar and vocals (AR) </p>	<p>5. BEAUTY SHOP DAY (SIGN UP) 10:30– Morning Workout (AR) 12:00– Trip to Kroger 12:30– Scrabble (AR) 1:00– Men’s Poker (117) 1:30-Memory Match (AR) 3:00– Horse Racing (AR) 7:00- Multiple Solitaire (115)</p>	<p>6. SHOPPING DAY (SIGN UP)  9:00– Tai Chi (AR) 9:00– Synagogue 10:00 -Southfield Library 11:00– Popcorn (AR) 12:30– Kohl's, Whole Foods, Walgreens 1:00– Bean Bag Toss (AR) 2:30– BINGO (AR) 7:15– Entertainment with Chuck Sharp-Guitarist (AR)</p>
<p>7. NO TRANSPORTATION 10:00– Morning Documentary (TV)  1:00– Creative Coloring (AR) 1:30– LCR Dice Game (115) 3:00– Bible Study (AR) 7:15– Entertainment with Robin Beck– Vocalist (AR)</p>	<p>8. OUTING DAY (SIGN UP) 10:30– Chair Dancing (AR) 11:00– Lunch at Slows BBQ 1:00– Word Games (AR) 1:30– Travelogue (TV) 2:30– Knitting/Crochet Group (115) 3:00– Trivia Time (AR) 7:15–Movie-Classic (AR) </p>	<p>9. DOCTOR DAY (SIGN UP) 10:30– Morning Workout (AR) 11:00- A Painter’s Pilgrimage -Monet Exhib- it-DIA and lunch at Burt’s Market 12:00– Popcorn (AR) 1:00– Men’s Poker (117) 1:00- Health Talk with Janette (AR) 3:00– Public Policy with Beverly (AR) 7:00 – Movie –Action (TV)  7:30– Bingo (AR)</p>	<p>10. 5– MILE ERRAND DAY (SIGN UP) 10:00– Trip to Banks 10:30– Resident Council Mtg (AR) 11:00– Culinary Chat (115) 12:00– Trip to Meijer 1:30– Cultural Afternoon with Joe (TV) 3:00- Horse Racing (AR) 7:15– Current Events (AR)</p>	<p>11. DOCTOR DAY (SIGN UP)  10:30– Morning Workout (AR) 11:30– Creative Coloring (AR) 12:45– Banana Split Pops (AR) 2:00– Open Forum (115) 3:00– Scrabble in the (AR) 7:15– Entertainment with Jim Hermann –One man band (AR)</p>	<p>12. BEAUTY SHOP DAY (SIGN UP) 10:30– Morning Workout (AR) 11:30– Transfiguration Service 12:00– Trip to Kroger 1:00– Men’s Poker (117) 2:00– Word Games (AR) 3:00– Horse Racing (AR)  7:00– Multiple Solitaire (115)</p>	<p>13. SHOPPING DAY (SIGN UP) 9:00– Tai Chi (AR) 9:00– Synagogue 10:00 -Southfield Library 12:00–Popcorn (AR) 12:30– Walmart Shopping 1:00– Bean Bag Toss (AR) 2:30– Bingo (AR) 7:00 – Movie-Classic (TV)</p>
<p>14. NO TRANSPORTATION 10:00– Morning Documentary (TV)  1:00– Creative Coloring (AR) 1:30– LCR Dice Game (115) 3:00– Bible Study (AR) 7:15– Entertainment with Duane Parham - Saxophonist (AR)</p>	<p>15. NO TRANSPORTATION 10:30– Chair Dancing (AR) 12:30– Puzzles and Games (AR) 1:00– Word Games (AR) 1:30– Documentary– MLK (TV) 2:30– Knitting/Crochet Group (115) 3:00– Catch Phrase (AR) 7:00– Movie– Classic (TV) Martin Luther King Day</p>	<p>16. DOCTOR DAY (SIGN UP) 10:30– Morning Workout (AR) 12:00– Community Lunch from Bangkok City Thai (AR) 1:00– Popcorn (AR) 1:00– Men’s Poker (117) 2:00– Rabbi Polter (115) 7:00 – Movie –Action (TV) 7:30– Bingo (AR)</p>	<p>17. 5– MILE ERRAND DAY (SIGN UP) 10:00– Trip to Banks 10:30– Morning Workout (AR) 10:30– Jewelry Class with Rifcah (115) 11:00– Culinary Chat (115) 12:00– Trip to Meijer 1:30– Cultural Afternoon with Joe (TV) 3:00– Horse Racing (AR) 6:00– Jazz and Blues at the Southfield Library  7:15– Current Events (AR)</p>	<p>18. DOCTOR DAY (SIGN UP) 10:00- Catholic Rosary Group (117) 10:30– Morning Workout (AR) 11:15- Creative Coloring (AR) 1:00– Free Prize Bingo (AR) 3:00– Reminiscing with Allen 5:15– The Roots of 1967– Detroit Historical Museum </p>	<p>19. BEAUTY SHOP DAY (SIGN UP) 10:30– Morning Workout (AR) 11:00– Vendor -Jamal “Black is Gold” (AR) 12:00– Trip to Kroger 1:00– Men’s Poker (117) 1:00– Word Games (AR) 2:00– Horse Racing (AR) (TIME CHANGE) 3:00– Happy Hour (115)  7:00- Multiple Solitaire (115)</p>	<p>20. SHOPPING DAY (SIGN UP)  9:00– Tai Chi (AR) 9:00– Synagogue 10:00 -Southfield Library 11:00–Popcorn (AR) 12:30– Oakland Mall 1:00– Bean Bag Toss (AR) 2:30– Bingo (AR) 7:15– Entertainment with Dorothy Martin– Vocalist (AR)</p>
<p>21. NO TRANSPORTATION 10:00– Morning Documentary (TV) 1:00– Puzzles and Games (AR) 1:30– LCR Dice Game (115) 3:00– Bible study (AR) 7:15– Rifcah Canvas Class (AR)</p>	<p>22. OUTING DAY (SIGN UP) 10:30– Chair Dancing (AR) 11:30– The Post at the Maple Theatre  12:30– Puzzles and Games (AR) 1:00– Travelogue (TV) 2:00– Word Games (AR) 2:30– Knitting/Crochet Group (115) 7:00– Movie– Classic (TV)</p>	<p>23. DOCTOR DAY (SIGN UP) 10:30– Morning Workout (AR) 12:00– Popcorn (AR) 1:00– Men’s Poker (117) 1:00-Health Talk with Janette (AR) 2:00– Food Demo –Garlic (DR) 7:00 – Movie-Action (TV) 7:30– Bingo (AR)</p>	<p>24. 5– MILE ERRAND DAY (SIGN UP) 9:00– North American International Auto Show and lunch at venue 10:00– Trip to Banks 10:30– Morning Workout(AR) 11:00– Culinary Chat (115) 12:00– Trip to Meijer 1:30– Cultural Afternoon with Joe (TV) 3:00– Horse Racing (AR)  7:15– Current Events (AR)</p>	<p>25. DOCTOR DAY (SIGN UP)  10:30– Morning Workout (AR) 11:15- Creative Coloring (AR) 12:45– MUG Project (AR)  2:00– Greater Faith (115) 3:00– Birthday Bash with Kelly Miller-Vocalist (AR) 7:15– Movie-Country Western (TV)</p>	<p>26. BEAUTY SHOP DAY (SIGN UP) 10:30– Morning Workout (AR) 11:30– Transfiguration Service 12:00– Trip to Kroger 1:00– Men’s Poker (117) 1:30– Horse Racing (AR) (TIME CHANGE) 3:00– “A Doctor at War” - by Dr. Peven (AR)  7:00– Multiple Solitaire (115)</p>	<p>27. SHOPPING DAY (SIGN UP) 9:00– Tai Chi (AR) 9:00– Synagogue 10:00 -Southfield Library 11:00–Popcorn (AR) 12:30– TJ Maxx, 5 Below, Costco, Best Buy and Dollar Store 1:00– Bean Bag Toss (AR) 2:30– Bingo (AR) 7:15– Movie-Romance (TV)</p>
<p>28. NO TRANSPORTATION 10:00– Morning Documentary (TV)  1:00– Creative Coloring (AR) 1:30– LCR Dice Game (115) 3:00– Bible study (AR) 7:15– Entertainment with Ron Muka– One man band (AR)</p>	<p>29. OUTING DAY (SIGN UP) 10:00– MGM Casino 10:30– Chair Dancing (AR) 11:00– Trip to Noah’s Market  1:00– Word Games (AR) 1:30– Travelogue (TV) 2:30– Knitting/Crochet Group (115) 7:00– Movie– Classic (TV)</p>	<p>30. DOCTOR DAY (SIGN UP) 10:30– Morning Workout (AR) 12:00– Popcorn (AR) 12:00– Lunch at Antonio’s Cucina Italiana Restaurant 1:00– Men’s Poker (117) 2:00– Town Hall (DR) 7:00 – Movie-Action (TV) 7:30– Bingo (AR)</p>	<p>31. 5– MILE ERRAND DAY (SIGN UP) 10:00– Trip to Banks 10:30– Morning Workout(AR) 11:00– Culinary Chat (115) 12:00– Trip to Meijer 1:30– Cultural Afternoon with Joe (TV) 3:00– Horse Racing (AR) 7:15– Current Events (AR)</p>	<div style="background-color: #00aaff; color: white; padding: 10px; text-align: center;">  <p>The Park at Trowbridge January Outings, Entertainment, and Activities</p> </div>		<p>AR= Activity Room DR=Dining Room AT=Atrium TV= TV Room TR= Therapy Room</p>