

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

AR= Activity Room
DR=Dining Room
AT=Atrium
TV= TV Room
TR= Therapy Room

1. OUTING DAY (SIGN UP)
 10:30- Chair Dancing (AR)
 12:30-Going in Style at the AMC Starr 20
 1:00- Village Victory Practice (AR)
 1:30- Travelogue (TV)
 2:30- Knitting/Crochet Group (AR)
 8:00- Cultural Evening w/ Joe (TV)

2. DOCTOR DAY (SIGN UP)
 10:30- Morning Workout (AR)
 11:15- Creative Coloring (AR)
 1:00- Men's Poker (117)
 1:30- Art with Laura (AR)
 2:00- Rabbi Polter (115)
 2:30- Blood Pressure Check (TR)
 3:00- Political Discussion with Jackie (AR)
 7:00 pm- Movie in the TV Room
 7:30- Bingo (AR)


3. 5- MILE ERRAND DAY (SIGN UP)
 10:00- Trip to Banks
 10:30- Food Committee (115)
 10:30- Morning Workout (AR)
 11:00- Franklin Watch Repair
 12:00- Trip to Meijer
 1:00- Village Victory Practice (AR)
 2:30- Culinary Chat (DR)
 3:00- Horse Racing (AR)
 7:15- Current Events (AR)


4. DOCTOR DAY (SIGN UP)
 10:30- Morning Workout (AR)
 1:00- Balloon Volleyball (AR)
 2:00- Greater Faith with Pastor Smith (AR)
 2:00- Open Forum (115)
 3:00- Bean Bag Toss (AR)
 7:15- Movie in the TV Room


5. BEAUTY SHOP DAY (SIGN UP) 
 10:30- Morning Workout (AR)
 12:00- Trip to Kroger
 1:00- Men's Poker (117)
 1:30- Word Games (AR)
 3:00- Horse Racing (AR)
 7:00- Multiple Solitaire (115)
 7:15- Cinco De Mayo Party with Marshall Allen

6. SHOPPING DAY (SIGN UP)
 9:00- Tai Chi (AR)
 9:00- Synagogue
 10:00 -Southfield Library
 11:00- Scrabble (115)
 12:30- Kohls, Whole Foods, Walgreens
 1:00- Hoop Shoot and Bean Bag Toss (AR)
 2:30- Bingo (AR)
 7:30- Downton Abbey (TV)

7. NO TRANSPORTATION
 10:00- Morning Documentary (TV) 
 1:00- Open Bridge (AR)
 1:30- LCR Dice Game (115)
 3:00- Bible study (AR)
 7:00- Catch Phrase (115)
 7:15- Music with Mike Pryzbylski (AT)

8. OUTING DAY (SIGN UP) 
 10:30- Chair Dancing (AR)
 11:00- Lunch at Jennifer's Cafe
 1:00- Village Victory Practice (AR)
 1:30- Travelogue (TV)
 2:30- Knitting/Crochet Group (115)
 7:00- Open Bridge Night (AR)
 8:00 pm- Cultural Evening w/Joe (TV)

9. DOCTOR DAY (SIGN UP) 
 10:45- Yoga with Anna (AR)
 10:30- Jewelry Class with Rifcah (115)
 11:30- Transfiguration Service
 1:00- Book Club with Elisabeth (AR)
 1:00- Men's Poker (117)
 2:30- Blood Pressure Check (TR)
 3:00- Public Policy with Beverly (AR)
 7:00 pm- Movie in the TV Room
 7:30 pm- Bingo (AR)


10. 5- MILE ERRAND DAY (SIGN UP)
 10:00- Trip to Banks
 10:30- Resident Council Mtg (115)
 12:00- Trip to Meijer
 12:30- Cong. Shaarey Zedek- Concert by Hazzan David Propis
 1:00- Fashion show meeting (AR)
 1:30- Afternoon Workout (AR)
 2:30- Culinary Chat (DR)
 3:00- Horse Racing (AR) 
 7:15- Current Events (AR)

11. DOCTOR DAY (SIGN UP) 
 10:30- Morning Workout (AR)
 1:00- Balloon Volleyball (AR)
 2:00- Open Forum (115)
 2:00- Greater Faith with Pastor Smith (AR)
 3:00- Bean Bag Toss (AR)
 7:15- Joel Palmer- One man Band


12. BEAUTY SHOP DAY (SIGN UP)
 10:30- Morning Workout (AR)
 12:00- Trip to Kroger
 1:00- Men's Poker (117)
 1:30-4:00- Fashion Show
 7:00- Multiple Solitaire (115)
 7:15- Movie Night in the TV Room


13. SHOPPING DAY (SIGN UP)
 9:00- Tai Chi (AR)
 9:00- Synagogue
 10:00 -Southfield Library
 12:30- Aldi, Thrift Store, Target, & Dollar Store
 1:00- Hoop Shoot and Bean Bag Toss (AR)
 2:30- Bingo (AR)
 7:30- Downton Abbey (TV)

14. NO TRANSPORTATION
 10:00- Morning Documentary (TV)
 1:00- Creative Coloring (AR)
 1:30- LCR Dice Game (115)
 3:00- Bible study (AR)
 7:00- Catch Phrase (115)
 7:30- Downton Abbey (TV)
Happy Mother's Day



15. OUTING DAY (SIGN UP) 
 10:30- Chair Dancing (AR)
 10:45- Picnic and Island Queen Boat Ride
 11:00- Vendor Rifcah-Jewelry
 1:00- Village Victory Practice (AR)
 1:30- Travelogue (TV)
 2:30- Knitting/Crochet Group (AR)
 8:00 - Cultural Evening w/ Joe (TV)

16. OUTING (SIGN UP)
 10:30- Morning Workout (AR)
 11:15- Creative Coloring (AR)
 1:00-Low Vision Group (AR)
 1:00- Men's Poker (117)
 1:30- Food Demo with Sarah (DR)
 2:30- Blood Pressure Check (TR)
 3:00- Literary Society with Jackie (AR)
 7:00 pm- Movie in the TV Room
 7:30- Bingo (AR)


17. 5- MILE ERRAND DAY (SIGN UP)
 10:00- Trip to Banks
 11:00- Franklin Watch Repair
 12:00- Trip to Meijer
 1:00- Village Victory Practice (AR)
 2:30- Culinary Chat (DR)
 3:00- Birthday Bash with Kelly Miller (AT) 
 7:15- Current Events (AR)


18. DOCTOR DAY (SIGN UP) 
 10:00- Catholic Rosary Group (117)
 10:30- Morning Workout (AR)
 12:30- Temple Israel- Seasons of Love
 1:00- Balloon Volleyball (AR)
 2:00- Greater Faith with Pastor Smith (AR)
 3:00- Bean Bag Toss (AR)
 7:00- Puzzles and Games (115)

19. BEAUTY SHOP DAY (SIGN UP)
 10:30- Morning Workout (AR)
 12:00- Trip to Kroger
 1:00- Men's Poker (117)
 12:30- Stepping Stones Craft (AR)
 1:00- Vendor Janice-Gift Shop
 1:30- Word Games (AR)
 3:00- Horse Racing (AR)
 7:00- Multiple Solitaire (115)
 7:15- Movie in the TV Room

20. SHOPPING DAY (SIGN UP) 
 9:00- Tai Chi (AR)
 9:00- Synagogue
 10:00 -Southfield Library
 11:00- Lunch at Blaze (Pizza)
 12:30- TJ Maxx, 5 Below, Costco, Best Buy, & Dollar Store
 1:00- Mobile Dollar Store (Rachel)
 1:00- Hoop Shoot and Bean Bag Toss (AR)
 2:30- Bingo (AR)
 7:15- Craig Marsden- One man Band 

21. NO TRANSPORTATION
 10:00- Morning Documentary (TV)
 1:00- Creative Coloring (AR)
 1:30- LCR Dice Game (115)
 3:00- Bible study (AR)
 7:00- Canvas Painting with Rifcah (AR)
 7:30- Downton Abbey (TV)

22. OUTING DAY 
 10:00- MGM Casino
 10:30- Chair Dancing (AR)
 11:00- Trip to Noah's Marketplace
 1:00- Village Victory Practice (AR)
 1:30- Travelogue (TV) 
 2:00- Deb's Mobile Store (AR)
 2:30- Knitting/Crochet Group (115)
 3:00- Entertainment with Rick and Dayna (AT)
 8:00- Cultural Evening w/ Joe (TV)


23. OUTING (SIGN UP) 
 10:45- Yoga with Anna (AR)
 1:15- Creative Coloring (AR)
 1:00- Men's Poker (117)
 1:30- Word Games (AR)
 2:30- Blood Pressure Check (TR)
 3:00- Balloon Volleyball (AT)
 6:45- The Ban-joes of Michigan (Sign Up)
 7:00 pm- Movie in the TV Room
 7:30- Bingo (AR)

24. 5- MILE ERRAND DAY (SIGN UP)
 10:00- Trip to Banks
 10:30- Morning Workout (AR)
 12:00- Trip to Meijer
 1:00- Herb planting in the Green house
 2:30- Culinary Chat (DR)
 3:00- Horse Racing (AR)
 7:15- Movie in the TV Room

25. DOCTOR DAY (SIGN UP) 
 10:30- Morning Workout (AR)
 11:15- Creative Coloring (AR)
 1:00- Balloon Volleyball (AR)
 2:00- Greater Faith with Pastor Smith (AR)
 3:00- Bean Bag Toss (AR)
 7:15- Charlie Gehringer Piano and Vocals (AT)


26. BEAUTY SHOP DAY (SIGNUP)
 10:30- Morning Workout (AR)
 11:30- Transfiguration Service
 12:00- Trip to Kroger
 1:00- Men's Poker (117)
 1:30- Word Games (AR)
 3:00- LIVE Comedy Hour (AR) 
 7:00 - Multiple Solitaire (115)
 7:15- Movie Night in the TV Room

27. SHOPPING DAY (SIGN UP)
 9:00- Tai Chi
 9:00- Synagogue
 10:00 -Southfield Library
 10:30- Creative Coloring
 12:30- Trip to Oakland Mall
 1:00- Hoop Shoot and Bean Bag Toss (AR)
 2:30- Bingo (AR)
 7:30- Downton Abbey (TV)

28. NO TRANSPORTATION
 10:00- Morning Documentary (TV)
 1:00- Creative Coloring (AR)
 1:30- LCR Dice Game (115)
 3:00- Bible study (AR)
 7:00- Catch Phrase (115) 
 7:15- Entertainment with Duane Parham (AT)

29. NO TRANSPORTATION
 10:30- Chair Dancing (AR)
 1:00- Creative Coloring (AR)
 1:30- Memorial Day Documentary (TV)
 2:30- Knitting/Crochet Group (115)
 8:00- Cultural Evening w/ Joe (TV)
Memorial Day

30. DOCTOR DAY (SIGN UP)
 10:30- Morning Workout (AR)
 1:00- Men's Poker (117)
 2:00- Town Hall (DR)
 2:30- Blood Pressure Check (TR)
 3:00- Village Victory Practice (AR)
 7:00 pm- Movie in the TV Room
 7:30- Bingo (AR)

31. 5- MILE ERRAND DAY (SIGN UP)
 10:00- Trip to Banks
 10:30- Morning Workout (AR)
 10:30- Pewadic Pottery Tour and lunch at Simbads
 11:00- Franklin Watch Repair
 12:00- Trip to Meijer
 2:30- Culinary Chat (DR) 
 3:00- Horse Racing (AR)
 7:15- Current Events (AR)

The Park at Trowbridge

MAY

Outings, Entertainment, and Activities

Special Outing 
 Music Entertainment 
 Birthday Bash 