

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

The Park at Trowbridge

June

Outings, Entertainment, and Activities

AR= Activity Room
DR=Dining Room
AT=Atrium
TV= TV Room
TR= Therapy Room

Special Outing



Music Entertainment



Birthday Bash



1. DOCTOR DAY (SIGN UP)
10:30- Morning Workout (AR)
1:00- Balloon Volleyball (AR)
2:00- Greater Faith with Pastor Smith (AR)
2:00- Open Forum (115)
3:00- Bean Bag Toss (AR)
7:15- Music with Mike Pryzbylski (AT)



2. BEAUTY SHOP DAY (SIGN UP)
10:30- Morning Workout (AR)
12:00- Trip to Kroger
1:00- Men's Poker (117)
1:30- Word Games (AR)
3:00- Horse Racing (AR)
7:00- Multiple Solitaire (115)

3. SHOPPING DAY (SIGN UP)
9:00- Tai Chi (AR)
9:00- Synagogue
10:00 -Southfield Library
11:00- Scrabble (115)
12:30- Kohls, Whole Foods, Walgreens
1:00- Hoop Shoot and Bean Bag Toss (AR)
2:30- Bingo (AR)
7:30- Downton Abbey (TV)

4. NO TRANSPORTATION
10:00- Morning Documentary (TV)
1:00- Open Bridge (AR)
1:30- LCR Dice Game (115)
3:00- Bible study (AR)
7:00- Catch Phrase (115)



5. OUTING DAY (SIGN UP)
10:30- Chair Dancing (AR)
11:00- Movie at
1:00-
1:30- Travelogue (TV)
2:30- Knitting/Crochet Group (115)
7:00- Open Bridge Night (AR)
8:00 pm- Cultural Evening w/Joe (TV)



6. DOCTOR DAY (SIGN UP)
10:45- Yoga with Anna (AR)
1:00-Limbo Party with Richard Sennema (AT)
1:00- Men's Poker (117)
2:30- Blood Pressure Check (TR)
3:00- Political discussion with Beverly (AR)
7:00 pm- Movie in the TV Room
7:30 pm- Bingo (AR)



7. 5- MILE ERRAND DAY (SIGN UP)
10:00- Trip to Banks
10:30- Jewelry Class with Rifcah (115)
12:00- Trip to Meijer
12:30- Cong. Shaarey Zedek- Concert by Hazzan David Propis
2:00- Shmuz with Rabbi Poltar (115)
2:30- Culinary Chat (DR)
3:00- Horse Racing (AR)
7:15- Current Events (AR)



8. DOCTOR DAY (SIGN UP)
10:30- Morning Workout (AR)
1:00- Book Club with Elisabeth (AR)
2:00- Open Forum (115)
2:00- Greater Faith with Pastor Smith (AR)
3:00- Bean Bag Toss (AR)
7:15- Billy McAllister-Sinatra Birthday Bash



9. BEAUTY SHOP DAY (SIGN UP)
10:30- Morning Workout (AR)
12:00- Trip to Kroger
1:00- Men's Poker (117)
1:30- Word Games (AR)
7:00- Multiple Solitaire (115)
7:15- Movie Night in the TV Room

10. SHOPPING DAY (SIGN UP)
9:00- Tai Chi (AR)
9:00- Synagogue
10:00 -Southfield Library
12:30- Aldi, Thrift Store, Target, & Dollar Store
1:00- Hoop Shoot and Bean Bag Toss (AR)
2:30- Bingo (AR)

11. NO TRANSPORTATION
10:00- Morning Documentary (TV)
1:00- Creative Coloring (AR)
1:30- LCR Dice Game (115)
3:00- Bible study (AR)
7:00- Catch Phrase (115)
7:30- Downton Abbey (TV)

12. OUTING DAY (SIGN UP)
10:30- Chair Dancing (AR)
10:30- Eastern Market bus tour
1:00-
1:30- Travelogue (TV)
2:30- Knitting/Crochet Group (AR)
8:00 - Cultural Evening w/ Joe (TV)



13. OUTING (SIGN UP)
10:30- Morning Workout (AR)
11:30- Transfiguration Service
1:00-Low Vision Group (AR)
1:00- Men's Poker (117)
1:30- Food Demo with Sarah (DR)
2:30- Blood Pressure Check (TR)
3:00- Public Policy with Beverly (AR)
7:00 pm- Movie in the TV Room
7:30- Bingo (AR)



14. 5- MILE ERRAND DAY (SIGN UP)
10:00- Trip to Banks
10:30- Mornign Workout
10:30- Resident Council Mtg (115)
11:00- Franklin Watch Repair
12:00- Trip to Meijer
1:00-
2:30- Culinary Chat (DR)
7:15- Current Events (AR)

15. DOCTOR DAY (SIGN UP)
10:00- Catholic Rosary Group (117)
10:30- Morning Workout (AR)
11:00- Vendor Rifcah-Jewelry
12:30- Temple Israel concert
1:00- Balloon Volleyball (AR)
2:00- Greater Faith with Pastor Smith (AR)
3:00- Bean Bag Toss (AR)
7:00- Puzzles and Games (115)



16. BEAUTY SHOP DAY (SIGN UP)
10:30- Morning Workout (AR)
12:00- Trip to Kroger
1:00- Men's Poker (117)
12:30- Stepping Stones Craft (AR)
1:00- Vendor Janice-Gift Shop
1:30- Word Games (AR)
3:00- Horse Racing (AR)
7:00- Multiple Solitaire (115)
7:15- Movie in the TV Room

17. SHOPPING DAY (SIGN UP)
9:00- Tai Chi (AR)
9:00- Synagogue
10:00 -Southfield Library
12:30- TJ Maxx, 5 Below, Costco, Best Buy, & Dollar Store
1:00- Mobile Dollar Store (Rachel)
1:00- Hoop Shoot and Bean Bag Toss (AR)
2:30- Bingo (AR)
7:15- Craig Marsden- One man Band



18. NO TRANSPORTATION
10:00- Morning Documentary (TV)
1:00- Creative Coloring (AR)
1:30- LCR Dice Game (115)
3:00- Bible study (AR)

Happy Father's Day

19. OUTING DAY
10:00- Motor City Casino
10:30- Chair Dancing (AR)
11:00- Trip to Noah's Marketplace
1:00-
1:30- Travelogue (TV)
2:00- Deb's Mobile Store (AR)
2:30- Knitting/Crochet Group (115)
8:00- Cultural Evening w/ Joe (TV)



20. OUTING (SIGN UP)
10:45- Yoga with Anna (AR)
1:15- Creative Coloring (AR)
1:00- Men's Poker (117)
1:30- Art with Laura (AR)
2:30- Blood Pressure Check (TR)
3:00- Literary Society (AR)
6:45- The Ban-joes of Michigan (Sign Up)
7:00 pm- Movie in the TV Room
7:30- Bingo (AR)



21. 5- MILE ERRAND DAY (SIGN UP)
10:00- Trip to Banks
10:30- Morning Workout (AR)
12:00- Trip to Meijer
1:00- Herb planting in the Green house
2:30- Culinary Chat (DR)
3:00- Horse Racing (AR)
7:15- Movie in the TV Room

22. DOCTOR DAY (SIGN UP)
10:30- Morning Workout (AR)
11:15- Creative Coloring (AR)
1:00- Balloon Volleyball (AR)
2:00- Greater Faith with Pastor Smith (AR)
3:00- Bean Bag Toss (AR)



23. NO TRANSPORTATION
10:15- Victory Cup Departure
1:00- Men's Poker (117)
3:00- LIVE Comedy Hour (AR)
7:00 - Multiple Solitaire (115)
7:15- Movie Night in the TV Room



Village Victory Cup



24. SHOPPING DAY (SIGN UP)
9:00- Tai Chi
9:00- Synagogue
10:00 -Southfield Library
10:30- Creative Coloring
12:30- Trip to Oakland Mall
1:00- Hoop Shoot and Bean Bag Toss (AR)
2:30- Bingo (AR)
7:30- Downton Abbey (TV)

25. NO TRANSPORTATION
10:00- Morning Documentary (TV)
1:00- Creative Coloring (AR)
1:30- LCR Dice Game (115)
3:00- Bible study (AR)
7:00- Canvas Painting with Rifcah (AR)



26. NO TRANSPORTATION
10:30- Chair Dancing (AR)
10:45- Picnic and Island Queen Boat Ride
1:00- Creative Coloring (AR)
2:30- Knitting/Crochet Group (115)
8:00- Cultural Evening w/ Joe (TV)



27. DOCTOR DAY (SIGN UP)
10:30- Morning Workout (AR)
1:00- Men's Poker (117)
2:00- Town Hall (DR)
2:30- Blood Pressure Check (TR)
3:00- Village Victory Practice (AR)
7:00 pm- Movie in the TV Room
7:30- Bingo (AR)

28. 5- MILE ERRAND DAY (SIGN UP)
10:00- Trip to Banks
10:30- Morning Workout (AR)
11:00- Franklin Watch Repair
12:00- Trip to Meijer
2:30- Culinary Chat (DR)
3:00- Horse Racing (AR)
7:15- Current Events (AR)

29. DOCTOR DAY (SIGN UP)
10:30- Morning Workout (AR)
11:15- Creative Coloring (AR)
1:00- Balloon Volleyball (AR)
2:00- Greater Faith with Pastor Smith (AR)
3:00- Bean Bag Toss (AR)
7:15- Jim Herrmann -Entertainment Vocals (AT)

30. BEAUTY SHOP DAY (SIGNUP)
10:30- Morning Workout (AR)
11:30- Transfiguration Service
12:00- Trip to Kroger
1:00- Men's Poker (117)
1:30- Word Games (AR)
3:00- Horse Racing (AR)
7:00 - Multiple Solitaire (115)
7:15- Movie Night in the TV Room