

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Special Outing </p> <p>Music Entertainment </p> <p>Birthday Bash </p>	<p>AR= Activity Room</p> <p>DR=Dining Room</p> <p>AT=Atrium</p> <p>TV= TV Room</p> <p>TR= Therapy Room</p>	<p>The Park at Trowbridge</p> <p>September</p> <p>Outings, Entertainment, and Activities</p>			<p>1. BEAUTY SHOP DAY (SIGN UP)</p> <p>10:30– Morning Workout (AR)</p> <p>12:00– Trip to Kroger</p> <p>1:00– Men’s Poker (117)</p> <p>2:00– Word Games (AR)</p> <p>3:00– Horse Racing (AR)</p> <p>7:00- Multiple Solitaire (115)</p> <p>7:15- Movie (TV)</p>	<p>2. SHOPPING DAY (SIGN UP)</p> <p>9:00– Tai Chi (AR)</p> <p>9:00– Synagogue</p> <p>10:00 -Southfield Library </p> <p>11:00– Popcorn (AR)</p> <p>12:30– Tj Maxx, 5 Below, Costco, Best Buy and Dollar Store</p> <p>2:30– BINGO (AR)</p> <p>7:15-Music with Marshall Allen (AT)</p>
<p>3. NO TRANSPORTATION</p> <p>10:00– Morning Documentary (TV)</p> <p>1:00– Open Bridge (AR)</p> <p>1:30– LCR Dice Game (115)</p> <p>3:00– Bible study (AR)</p> <p>7:15- Movie (TV)</p>	<p>4. NO TRANSPORTATION</p> <p>10:30– Chair Dancing (AR)</p> <p>1:00– Puzzles and Games (115)</p> <p>1:30– Travelogue (TV)</p> <p>2:30– Knitting/Crochet Group (115)</p> <p>7:00– Open Bridge Night (AR)</p> <p>8:00 - Cultural Evening w/Joe (TV)</p> <p>Happy Labor Day </p>	<p>5. DOCTOR DAY (SIGN UP)</p> <p>10:45– Yoga with Anna (AR)</p> <p>11:30– Transfiguration Service</p> <p>1:00– Men’s Poker (117)</p> <p>12:00– Popcorn (AR)</p> <p>2:30– Blood Pressure Check (TR)</p> <p>3:00– Political Discussion with Jackie (AR)</p> <p>7:00 – Movie (TV)</p> <p>7:30– Bingo (AR) </p>	<p>6. 5– MILE ERRAND DAY (SIGN UP)</p> <p>10:00– Trip to Banks</p> <p>10:30– Morning Workout (AR)</p> <p>11:00– Detroit Zoo (FREE)</p> <p>11:00– Franklin Watch Repair (AT)</p> <p>12:00– Trip to Meijer</p> <p>2:30– Food Committee & Culinary Chat Meeting (115)</p> <p>3:00- Horse Racing (AR)</p> <p>7:15– Current Events (AR) </p>	<p>7. DOCTOR DAY (SIGN UP) </p> <p>10:30– Morning Workout (AR)</p> <p>10:30– Jewelry Class with Rifcah (115)</p> <p>12:30– Creative Coloring (AR)</p> <p>1:00– Program Meeting with Haylee & Kiara (115)</p> <p>2:00– Rosh Hashanah with Rabbi Polter (115)</p> <p>2:00– Greater Faith with Pastor Smith (AR)</p> <p>3:00– Bean Bag Toss (AR)</p> <p>7:15– Charlie Gehringer Music (AT)</p>	<p>8. BEAUTY SHOP DAY (SIGN UP)</p> <p>10:30– Morning Workout (AR)</p> <p>12:00– Trip to Kroger</p> <p>1:00– Food Project (AR)</p> <p>1:00– Men’s Poker (117)</p> <p>2:00– Word Games (AR)</p> <p>3:00– Horse Racing (AR)</p> <p>7:00- Multiple Solitaire (115)</p> <p>7:15- Movie (TV)</p>	<p>9. SHOPPING DAY (SIGN UP)</p> <p>9:00– Tai Chi (AR)</p> <p>9:00– Synagogue</p> <p>10:00– Debs Mobile Store (AR) </p> <p>10:00 -Southfield Library</p> <p>11:00–Popcorn (AR)</p> <p>12:30– Aldi, Thrift Store, Target, & Dollar Store</p> <p>1:00– Hoop Shoot and Bean Bag Toss (AR)</p> <p>2:30– Bingo (AR)</p> <p>7:15-Music with Billy McAllister (AT)</p>
<p>10. NO TRANSPORTATION</p> <p>10:00– Morning Documentary (TV)</p> <p>1:00– Creative Coloring (AR)</p> <p>1:30– LCR Dice Game (115)</p> <p>3:00– Bible Study (AR)</p> <p>7:00– Movie (TV)</p> <p>7:15– Rifcah Canvas Class</p> <p>HAPPY GRANDPARENTS DAY</p>	<p>11. OUTING DAY (SIGN UP)</p> <p>10:30– Chair Dancing (AR)</p> <p>11:00– Lunch at Olive Garden</p> <p>1:30– September 11 Memorial DVD (TV)</p> <p>1:00– Word Games (AR)</p> <p>2:30– Knitting/Crochet Group (115)</p> <p>3:00– Catch Phrase (AR)</p> <p>8:00- Cultural Evening w/ Joe </p>	<p>12. DOCTOR DAY (SIGN UP)</p> <p>10:30– Morning Workout (AR)</p> <p>12:00– Popcorn (AR)</p> <p>1:00– Men’s Poker (117)</p> <p>1:30– Food Demo with Sarah (DR)</p> <p>2:30– Blood Pressure Check (TR)</p> <p>3:00– Public Policy with Beverly (AR)</p> <p>7:00 – Movie (TV)</p> <p>7:30– Bingo (AR)</p>	<p>13. 5– MILE ERRAND DAY (SIGN UP)</p> <p>10:00– Trip to Banks</p> <p>10:30– Resident Council Mtg (AR)</p> <p>12:00– Trip to Meijer</p> <p>12:30– Cong. Shaarey Zedek– Concert</p> <p>1:00– Meadow Brook Theatre– Johnny Manhattan</p> <p>2:30– Culinary Chat (115) </p> <p>3:00– Horse Racing (AR)</p> <p>7:15– Current Events (AR)</p>	<p>14. DOCTOR DAY (SIGN UP) </p> <p>10:30– Morning Workout (AR)</p> <p>11:00– Eat to the Beat Concert & Lunch</p> <p>12:00– Bean Bag Toss (AR)</p> <p>1:00- Book Club (AR) </p> <p>2:00– Open Forum (115)</p> <p>7:15– Birthday Bash with Joel Palmer (AT) </p>	<p>15. BEAUTY SHOP DAY (SIGN UP)</p> <p>10:30– Morning Workout (AR)</p> <p>12:00– Trip to Kroger</p> <p>1:00– Men’s Poker (117)</p> <p>1:00– Vendor Janice—Gift Shop (AT)</p> <p>1:30– Catch Phrase (115)</p> <p>3:00- Horse Racing (AR)</p> <p>7:00– Multiple Solitaire (115)</p> <p>7:15– Movie (TV)</p>	<p>16. NO TRANSPORTATION </p> <p>9:00– Tai Chi (AR)</p> <p>11:00-4:00– Trowbridge Classic Car Show </p> <p>7:15- Craig Marsden— One Man Band (AT)</p>
<p>17. NO TRANSPORTATION</p> <p>10:00– Morning Documentary (TV)</p> <p>1:00– Creative Coloring (AR)</p> <p>1:30– LCR Dice Game (115)</p> <p>3:00– Bible Study (AR)</p> <p>7:15- Movie (TV)</p>	<p>18. OUTING DAY (SIGN UP)</p> <p>10:00– MGM Casino</p> <p>10:30– Chair Dancing (AR)</p> <p>11:00– Noah’s Marketplace</p> <p>1:00– Bingo (AR) </p> <p>1:30– Travelogue (TV)</p> <p>2:30– Knitting/Crochet Group (115)</p> <p>8:00- Cultural Evening w/ Joe (TV)</p> <p>BINGO </p>	<p>19. DOCTOR DAY (SIGN UP)</p> <p>10:45– Yoga with Anna (AR)</p> <p>11:00– Akiva Students (AR)</p> <p>1:00– Puzzles and Games (115)</p> <p>1:00– Men’s Poker (117)</p> <p>2:30– Blood Pressure Check (TR)</p> <p>3:00– Literary Society (AR)</p> <p>7:00 – Movie (TV)</p> <p>7:30– Bingo (AR)</p>	<p>20. 5– MILE ERRAND DAY (SIGN UP)</p> <p>10:00– Trip to Banks</p> <p>10:30– Morning Workout (AR)</p> <p>11:00– Franklin Watch Repair (AT)</p> <p>11:30– Trip to Tigers Game</p> <p>12:00– Trip to Meijer</p> <p>2:30– Culinary Chat (115)</p> <p>7:15– Current Events (AR) </p> <p>Rosh Hashanah Begins as Sundown</p>	<p>21. DOCTOR DAY (SIGN UP)</p> <p>10:00- Catholic Rosary Group (117)</p> <p>10:30– Morning Workout (AR)</p> <p>11:15- Creative Coloring (AR)</p> <p>1:00– Catch Phrase– Word Game (AR)</p> <p>2:00– Greater Faith with Pastor Smith (AR) </p> <p>3:00– Prize Trivia (AR)</p> <p>7:15– Entertainment with Richard Senemma (AT)</p>	<p>22. BEAUTY SHOP DAY (SIGN UP)</p> <p>10:30– Morning Workout (AR)</p> <p>11:30– Transfiguration Service</p> <p>12:00– Trip to Kroger</p> <p>1:00– Intro to Art with Naomi M. Siegel (AR) </p> <p>1:00– Men’s Poker (117)</p> <p>2:00– Word Games (AR)</p> <p>3:00– Rosh Hashanah Service with Rabbi Aura (115)</p> <p>7:15- Movie (TV)</p>	<p>23. SHOPPING DAY (SIGN UP)</p> <p>9:00– Tai Chi (AR)</p> <p>9:00– Synagogue</p> <p>10:00 -Southfield Library</p> <p>11:00–Popcorn (AR)</p> <p>11:00– Trip to Farmington Farmers Market</p> <p>1:00– Hoop Shoot and Bean Bag Toss (AR)</p> <p>2:30– Bingo (AR)</p> <p>7:15- Movie (TV) </p>
<p>24. NO TRANSPORTATION</p> <p>10:00– Morning Documentary (TV)</p> <p>1:00– Creative Coloring (AR)</p> <p>1:30– LCR Dice Game (115)</p> <p>3:00– Bible study (AR) </p> <p>7:15– Entertainment with Gail Barker (AT)</p>	<p>25. OUTING DAY (SIGN UP)</p> <p>10:30– Chair Dancing (AR)</p> <p>10:00– Brunch at Bob Evans</p> <p>1:00– Word Games (AR) </p> <p>1:30– Travelogue (TV)</p> <p>2:30– Knitting/Crochet Group (115)</p> <p>8:00- Cultural Evening w/ Joe</p>	<p>26. DOCTOR DAY (SIGN UP)</p> <p>10:30– Morning Workout (AR)</p> <p>12:00– Popcorn (AR)</p> <p>1:00– Men’s Poker (117)</p> <p>2:00– Town Hall (DR)</p> <p>2:30– Blood Pressure Check (TR)</p> <p>7:00 – Movie (TV)</p> <p>7:30– Bingo (AR)</p>	<p>27. 5– MILE ERRAND DAY (SIGN UP)</p> <p>10:00– Trip to Banks</p> <p>10:30– Morning Workout (AR)</p> <p>12:00– Trip to Meijer</p> <p>1:00– Free Prize Bingo (AR)</p> <p>2:30– Culinary Chat (115)</p> <p>3:00- Horse Racing (AR) </p> <p>7:15– Current Events (AR)</p>	<p>28. DOCTOR DAY (SIGN UP) </p> <p>10:30– Morning Workout (AR)</p> <p>11:15- Creative Coloring (AR)</p> <p>1:00– Summer Craft (AR)</p> <p>2:00– Greater Faith with Pastor Smith (AR)</p> <p>3:00– Allen’s All– Stars (AR)</p> <p>7:15– Gary Pillow Music (AT)</p>	<p>29. BEAUTY SHOP DAY (SIGN UP)</p> <p>10:30– Morning Workout (AR)</p> <p>12:00– Trip to Kroger</p> <p>1:00– Men’s Poker (117)</p> <p>2:00– Word Games (AR)</p> <p>3:00- LIVE Comedy Hour (AR)</p> <p>7:15- Movie (TV)</p>	<p>30. SHOPPING DAY (SIGN UP)</p> <p>9:00– Tai Chi (AR)</p> <p>9:00– Synagogue</p> <p>10:00 -Southfield Library</p> <p>11:00–Popcorn (AR)</p> <p>12:30– Trip to Oakland Mall</p> <p>1:00– Hoop Shoot and Bean Bag Toss (AR)</p> <p>2:30– Bingo (AR)</p> <p>7:15- Movie (TV)</p>